



# 2019

WELLNESS TRAVEL

# AWARDS

For our annual Wellness Travel Awards, we honor exceptional spas that not only hew to a high level of luxury, but also employ sustainable practices and elevate standards of environmental stewardship.

We work hard to scout out extra special properties that we can celebrate for implementing initiatives that not only bring extraordinary wellness to their guests, but also do their part to protect the environment with nature conservation; energy efficiency; local, natural, foraged and organic ingredients; and holistic health and wellness programs that lead by their example. Kudos!

—The Editors

Derado Beach, A Ritz-Carlton  
Reserve, Puerto Rico

Fairmont Scottsdale  
Princess  
United States



A dramatic mountain backdrop and serene desert landscape set the stage for a soul-recharging experience at this legendary Arizona resort. These natural wonders—and the primary elements of water, air, earth, wood and fire—inspired the design and menu of the Well & Being Spa, where every guest is encouraged to “find their energy.” Seek your energy in the hydrotherapy areas (which include a waterfall grotto), in treatments like Himalayan salt stone massages and singing bowl sound therapy, or in workout classes like FloatFit and aerial yoga. If fitness is your focus, the two-hour WellFit assessment includes a personalized plan to take your regime to the next level. [fairmont.com](http://fairmont.com)

